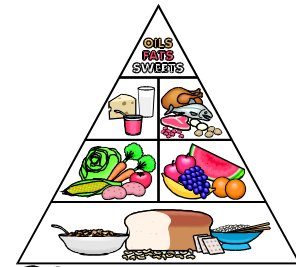
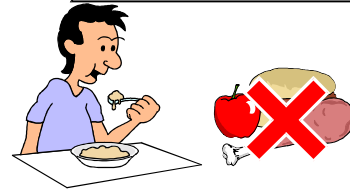


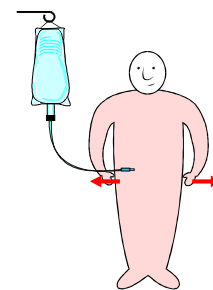
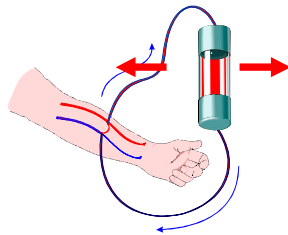
You are probably on a restrictive diet because of your kidney failure. This may mean that you may not be eating all of the foods that you need to eat in order to get enough vitamins.



When your kidneys are not working you may experience a lack of appetite or an aversion to some foods. This can limit the amount of vitamins that you take in.



Both hemodialysis and peritoneal dialysis allow vitamins to be removed, especially the vitamins that are mixed in with water.



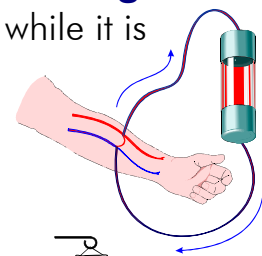
Do I need to be on a special vitamin?

You should check with your Nephrologist or Renal Pharmacist before taking any supplement as not all vitamins have the same contents.

Anticoagulants

Why do I need medications to keep my blood from clotting?

If you are on hemodialysis you do not want your blood to clot while it is in the machine. You may be given a medication to interfere with your blood clotting while you are on hemodialysis. This medication is called an anticoagulant.



If you are on peritoneal dialysis you may be asked to put a small amount of a medication into your dialysate to prevent fibrin from forming in your dialysate. Your body makes fibrin as one of the steps in the clotting process. It can get stuck in your catheter if there is too much. This medication is called an anticoagulant.

